



# CORPORATE WELLNESS PROGRAMME

IMPROVE THE HEALTH AND WELLBEING OF THEIR EMPLOYEES







# CORPORATE WELLNESS PROGRAM

Become our corporate partner and choose from different tiers with varying requirements: Wellness Starter-Beginner, Wellness Starter-Senior, Wellness Advocate, and Wellness Premier. Contact us for more information.

effective 1 May 2025





## EMPLOYEE BENEFITS

-  Complimentary 7-day corporate pass for you, your spouse, and immediate family
-  Explore 200+ customized group classes
-  Unlimited access to fitness centers, pools, steam & sauna, with complimentary towels & workout attire
-  Exclusive Corporate Rate

## COMPANY BENEFITS

-  Priority Booking For Events
-  Monthly Wellness Newsletter With Nutritional Tips
-  Discounts On Nood Food Voucher & Catering Services
-  Discounts On Group Class

## COMPLIMENTARY

-  Wellness Booth At Your Office
-  Group Class Annually
-  PURE Online Account
-  Year-Round Wellness Hamper

# MONTHLY WELLNESS NEWSLETTER

We customize the theme for our Monthly Wellness Newsletter, featuring a variety of engaging content: wellness tips, promotional discount offers, and highlights of our class services. To provide valuable information that supports your employee's health and wellness journeys.




**SWEAT OUT**  
THE FATIGUE OF HUMID WEATHER

PURE Fitness:  
Highlighted Class!


- Body Combat
- Body Attack
- BodyStep
- RPM
- Zumba




**MAY SPECIAL! HIGH FIVE!**  
TREAT YOURSELF TO A BETTER FITNESS EXPERIENCE!

**COMPLIMENTARY 7-DAY CORPORATE PASS**

<b>DAY 1: SET YOUR GOAL</b> INBODY ANALYSIS	<b>DAY 2: SWEAT OUT</b> RPM / THE TRIP	<b>DAY 3: RETREAT</b> RELAXING YOGA	<b>DAY 4: MUSCLE UP</b> FULL BODY WORKOUT
<b>DAY 6: INTENSE</b> HIIT / BODYPUMP	<b>DAY 7: DESTRESS</b> YOGA THERAPY	<b>7-DAY SUMMER BODY</b> WORKOUT CHALLENGE	



**Bonus: In-Store PURE Saur**  
Experience the Health Retreat Your Mind and






**SHINE BRIGHT**  
Inner Peace and Confidence!  
Mother's Day Special!

Join Our 5-Day Yoga Class + 1x Reformer Pilates


**CORPORATE SIGN-UP OFFER FROM \$709!**  
membership and receive an **extra 7-day unlimited** phased membership plan.

ACTIVATE PASS NOW

**Bonus: 15-minute Session Of 1-1 Nutritionist Consultation**  
Personalized guidance on healthy eating habits tailored to your lifestyle. Not only nurtures the body but also uplifts the spirit.

**COME TOGETHER TO SHINE BRIGHT!**





# YOGA GROUP CLASS

Our certified yoga and meditation instructors provide on-site classes to help employees relax, reduce stress and boost productivity.



# FITNESS GROUP CLASS

Our expert trainers provide private group fitness training sessions to help employees improve their physical health and increase energy levels.



# WELLNESS ACTIVITIES IDEAS



## TEAM BUILDING DAY

We offers team building activities such as HIIT Challenges, which help to promote teamwork, communication and motivation among employees.

We provide employees with the knowledge and resources they need to make healthier food choices. Topics include weight management, nutrient-dense eating and reducing the risk of chronic diseases.



## LUNCH AND LEARN



# WELLNESS ACTIVITIES IDEAS



## OUTDOOR GATHERINGS

We provide invigorating outdoor yoga stretches and fitness workouts to promote team bonding and physical activity in a refreshing environment.

Our wellness booth features In-Body analysis, grip strength tests, alignment check to kickstart a healthier journey. Certified personal trainers will offer tailored insights and advice to empower your team.



## WELLNESS BOOTH

# CONTACT US



## EMAIL

Corporate Wellness Team  
[allhkgcorporate@pure-international.com](mailto:allhkgcorporate@pure-international.com)



## CONTACT NUMBER

Corporate Wellness Manager  
Kathy Liu +852 2122 4307

Assistant Corporate Wellness Manager  
Giovanni Ng +852 3691 3922