



### CORPORATE WELLNESS PROGRAM





Complimentary 7-day corporate pass for you, your spouse, and immediate family



Explore 200+ customized group classes



Unlimited access to fitness centers, pools, steam & sauna, with complimentary towels & workout attire



**Exclusive Corporate Rate** 

#### **COMPANY BENEFITS**



Priority Booking For Events



Monthly Wellness Newsletter With **Nutritional Tips** 



Discounts On Nood Food Voucher & **Catering Services** 



Discounts On Group Class

#### COMPLIMENTARY



Wellness Booth At Your Office



**Group Class Annually** 



**PURE Online Account** 

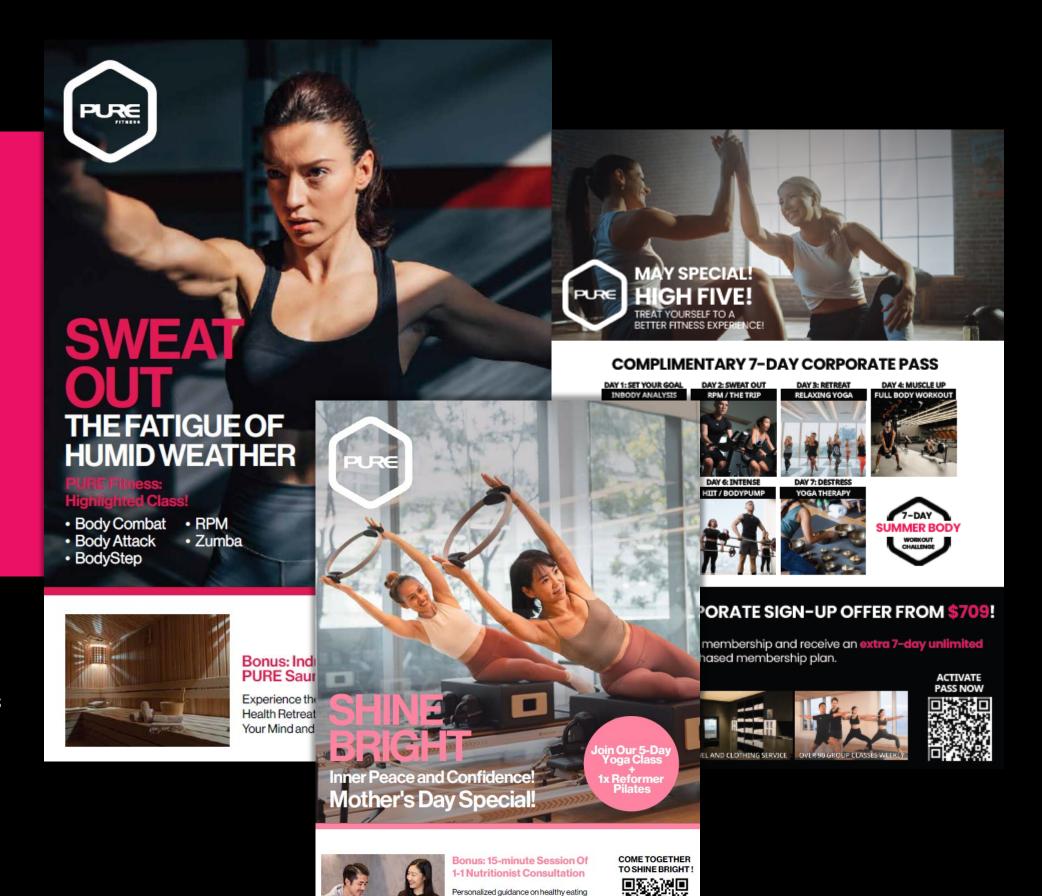


Year-Round Wellness Hamper



## MONTHLY WELLNESS NEWSLETTER

We customize the theme for our Monthly Wellness Newsletter, featuring a variety of engaging content: wellness tips, promotional discount offers, and highlights of our class services. To provide valuable information that supports your employee's health and wellness journeys.







### FITNESS GROUP CLASS

Our expert trainers provide private group fitness training sessions to help employees improve their physical health and increase energy levels.

### YOGA GROUP CLASS

Our certified yoga and meditation instructors provide on-site classes to help employees relax, reduce stress and boost productivity.





## WELLNESS ACTIVITES IDEAS





We offers team building activities such as HIIT Challenges, which help to promote teamwork, communication and motivation among employees.

We provide employees with the knowledge and resources they need to make healthier food choices. Topics include weight management, nutrient-dense eating and reducing the risk of chronic diseases.



### WELLNESS ACTIVITES IDEAS





We provide invigorating outdoor yoga stretches and fitness workouts to promote team bonding and physical activity in a refreshing environment.

Our wellness booth features In-Body analysis, grip strength tests, alignment check to kickstart a healthier journey. Certified personal trainers will offer tailored insights and advice to empower your team.

# CONTACT US







#### **CONTACT NUMBER**

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